

## AIRE LIBRE MUNDIALES MASCULINOS

|               |                  |                                 |          |              |
|---------------|------------------|---------------------------------|----------|--------------|
| 100           | <b>9.58</b>      | <b>Usain Bolt (JAM)</b>         | 16/8/09  | Berlín       |
| 200           | <b>19.19</b>     | <b>Usain Bolt (JAM)</b>         | 20/8/09  | Berlín       |
| 300           | <b>31.48</b>     | <b>Danny Everett (USA)</b>      | 3/9/90   | Jerez        |
| 400           | <b>43.18</b>     | <b>Michael Johnson (USA)</b>    | 26/8/99  | Sevilla      |
| 600           | <b>1:12.81</b>   | <b>Johnny Gray (USA)</b>        | 24/5/86  | Santa Mónica |
| 800           | <b>1:41.09</b>   | <b>David Rudisha (KEN)</b>      | 22/08/10 | Berlín       |
| 1.000         | <b>2:11.96</b>   | <b>Noah Ngeny (KEN).</b>        | 5/9/99   | Rieti        |
| 1.500         | <b>3:26.00</b>   | <b>Hicham El Guerrouj (MAR)</b> | 14/7/98  | Roma         |
| Milla         | <b>3:43.13</b>   | <b>Hicham El Guerrouj (MAR)</b> | 7/7/99   | Roma         |
| 2.000         | <b>4:44.79</b>   | <b>Hicham El Guerrouj (MAR)</b> | 7/9/99   | Berlín       |
| 3.000         | <b>7:20.67</b>   | <b>Daniel Komen (KEN)</b>       | 1/9/96   | Rieti        |
| 2 Millas      | <b>7:58.61</b>   | <b>Daniel Komen (KEN)</b>       | 19/7/97  | Hechtel      |
| 5.000         | <b>12:37.37</b>  | <b>Kenenisa Bekele (ETI)</b>    | 31/5/04  | Hengelo      |
| 10.000        | <b>26:17.53</b>  | <b>Kenenisa Bekele (ETI)</b>    | 26/8/05  | Bruselas     |
| 20.000        | <b>55:48</b>     | <b>Haile Gebrselassie (ETI)</b> | 27/6/07  | Phoenix, AZ  |
| 1 hora        | <b>21.285</b>    | <b>Haile Gebrselassie (ETI)</b> | 27/6/07  | Ostrava      |
| 25.000        | <b>1.13.55.8</b> | <b>Toshihiko Seko (JAP)</b>     | 22/3/81  | Christchurch |
| 30.000        | <b>1:28.00</b>   | <b>Takayuki Matsumiya (JAP)</b> | 27/2/05  | Kumamoto     |
| Medio Maratón | <b>58:22:00</b>  | <b>Zersenay Tadese (ERI)</b>    | 21/3/10  | Lisboa       |
| Maratón       | <b>2:03:59</b>   | <b>Haile Gebrselassie (ETI)</b> | 28/9/08  | Berlín       |
| 100 km. Ruta  | <b>6.13:33</b>   | <b>Takahiro Sunada (JAP)</b>    | 21/6/98  | Tokoro       |
| 110 v.        | <b>12.87</b>     | <b>Dayron Robles (CUB)</b>      | 12/6/08  | Ostrava      |

|                  |                   |                                     |         |                |
|------------------|-------------------|-------------------------------------|---------|----------------|
| 200 v.           | <b>22.55</b>      | <b>Laurent Ottoz (ITA)</b>          | 31/5/95 | Milán          |
| 400 v.           | <b>46.78</b>      | <b>Kevin Young (USA)</b>            | 6/8/92  | Barcelona      |
| 2.000 Obstáculos | <b>5:14.43</b>    | <b>Julius Kariuki (KEN)</b>         | 21/8/90 | Rovereto       |
| 3.000 Obstáculos | <b>7:53.63</b>    | <b>Saif Saaeed Shaheen (QAT)</b>    | 3/9/04  | Bruselas       |
| Altura           | <b>2,45</b>       | <b>Javier Sotomayor (CUB)</b>       | 27/7/93 | Salamanca      |
| Pértiga          | <b>6,14</b>       | <b>Sergey Bubka (UCR)</b>           | 31/7/94 | Sestriere      |
| Longitud         | <b>8,95</b>       | <b>Mike Powell (USA)</b>            | 30/8/91 | Tokio          |
| Triple           | <b>18,29</b>      | <b>Jonathan Edwards (GBR)</b>       | 7/8/95  | Goteborg       |
| Peso             | <b>23,12</b>      | <b>Randy Barnes (USA)</b>           | 20/5/90 | Westwood       |
| Disco            | <b>74,08</b>      | <b>Jurgen Schult (ALE)</b>          | 6/6/86  | Neubradenb     |
| Martillo         | <b>86,74</b>      | <b>Yuri Sedykh (URS)</b>            | 30/8/86 | Stuttgart      |
| Jabalina         | <b>98,48</b>      | <b>Jan Zelezny (RCH)</b>            | 25/5/96 | Jena           |
| Decatlón         | <b>9.026</b>      | <b>Roman Sebrle (RCH)</b>           | 27/5/01 | Goetzis        |
| 3 km M. P.       | <b>10:47.11</b>   | <b>Giovanni de Benedictis (ITA)</b> | 19/5/90 | S. Giovanni V. |
| 5 km M. P.       | <b>18:17.22</b>   | <b>Robert Korzeniowski (POL)</b>    | 3/7/92  | Reims          |
| 10 km M. P.      | <b>37:53.09</b>   | <b>Paquillo Fernández (ESP)</b>     | 27/7/08 | Tenerife       |
| 1h. M. P.        | <b>15.447 m.</b>  | <b>Jozef Pribilinec (CHE)</b>       | 6/9/86  | Hildesheim     |
| 20 km marcha     | <b>1h.17:16</b>   | <b>Sergey Morozov (RUS)</b>         | 29/9/07 | Saransk        |
| 30 km M. P.      | <b>2h.01:44.1</b> | <b>Maurizio Damilano (ITA)</b>      | 3/10/92 | Cuneo          |
| 2h. M. P.        | <b>29.572 m</b>   | <b>Maurizio Damilano (ITA)</b>      | 3/10/92 | Cuneo          |
| 50 km. M. R.     | <b>3h.35:47</b>   | <b>Nathan Deakes (AUS)</b>          | 2/12/06 | Geelong        |
| 50 km. M. P.     | <b>3h.40:57.9</b> | <b>Thierry Toutain (FRA)</b>        | 29/9/96 | Hericourt      |
| 2h. M. P.        | <b>29.572 m.</b>  | <b>Maurizio Damilano (ITA)</b>      | 3/10/92 | Cuneo          |

|              |                   |   |
|--------------|-------------------|---|
| 50 km. M. R. | <b>3h.37:41</b>   | <b>Andrey Perlov (URS)</b>                      |
| 50 km. M. P. | <b>3h.40:57.9</b> | <b>Thierry Toutain (FRA)</b>                    |
| 4x100        | <b>37.10</b>      | <b>Carter-Frater-Bolti-Powell (JAM)</b>         |
| 4x200        | <b>1.18.68</b>    | <b>Marsh-Burrell-Heard-Lewis (USA)</b>          |
| 4x400        | -                 | -   |
| 4x800        | <b>7.02.43</b>    | <b>Mutua-Yiampoy-Kombich-Bungei (KEN)</b>       |
| 4x1.500      | <b>14.38.8</b>    | <b>Wessinghage-Hudak-Lederer-Fleschen (RFA)</b> |
| 4x1 Milla    | <b>15.49.08</b>   | <b>Coghlan-O'Sullivan-O'Mara-Flynn (IRL)</b>    |
| 10.000       | <b>26:20.31</b>   | <b>Kenenisa Bekele (ETI)</b>                    |

|          |            |
|----------|------------|
| 5/8/89   | Leningrado |
| 29/9/96  | Hericourt  |
| 22-08-08 | Pekín      |
| 17/4/94  | Walnut     |
| -        | -          |
| 25/8/06  | Bruselas   |
| 17/8/77  | Colonia    |
| 17/8/85  | Dublín     |
| 8/6/04   | Ostrava    |

### AIRE LIBRE MUNDIALES FEMENINOS

|       |                 |                                      |
|-------|-----------------|--------------------------------------|
| 100   | <b>10.49</b>    | · <b>Florence Giffith (USA)</b>      |
| 200   | <b>21.34</b>    | · <b>Florence Giffith (USA)</b>      |
| 300   | <b>34.1</b>     | · <b>Marita Koch (GDR)</b>           |
| 400   | <b>47.60</b>    | · <b>Marita Koch (GDR)</b>           |
| 600   | <b>1.23.5</b>   | · <b>Doina Melinte (RUM)</b>         |
| 800   | <b>1.53.28</b>  | · <b>Jarmila Kratochvilova (CHE)</b> |
| 1.000 | <b>2.28.98</b>  | · <b>Svetlana Masterkova (RUS)</b>   |
| 1.500 | <b>3.50.46</b>  | · <b>Qu Yunxia (CHI)</b>             |
| Milla | <b>4.12.56</b>  | · <b>Svetlana Masterkova (RUS)</b>   |
| 2.000 | <b>5.25.36</b>  | · <b>Sonia O'Sullivan (IRL)</b>      |
| 3.000 | <b>8.06.11</b>  | · <b>Wang Junxia (CHI)</b>           |
| 5.000 | <b>14:11.15</b> | · <b>Tirunesh Dibaba</b>             |

|          |               |
|----------|---------------|
| 16/07/88 | Indianápolis  |
| 29/09/88 | Seúl          |
| 6/10/85  | Canberra      |
| 6/10/85  | Canberra      |
| 27/07/86 | Poiana Brasov |
| 26/07/83 | Munich        |
| 23/08/96 | Bruselas      |
| 11/09/93 | Beijing       |
| 14/08/96 | Zurich        |
| 08/07/94 | Edimburgo     |
| 13/09/93 | Pekín         |
| 06/06/08 | Oslo          |

|                 |            |                              |           |                |
|-----------------|------------|------------------------------|-----------|----------------|
| 10.000          | 29.31.78   | · Wang Junxia (CHI)          | 08/09/93  | Beijing        |
| 1 hora          | 18.340m.   | · Tegla Lorupe (KEN)         | 08/08/98  | Alemania       |
| 20.000          | 1h.03:21   | · Lornah Kiplagat (HOL)      | 08/10/06  | Debrecen       |
| 25.000          | 1h.29:29.2 | · Karolina Szabo (HUN)       | 22/04/88  | Budapest       |
| 30.000          | 1h.47:05.6 | · Karolina Szabo (HUN)       | 22/04/88  | Budapest       |
| Medio Maratón   | 1h.05:50   | · Mary Keitany (KEN)         | 18/02/11  | Ras Al Khaimah |
| Maratón         | 2h.15.25   | · Paula Radcliffe (GBR)      | 13/04/03  | Londres        |
| 100 km. ruta    | 7h.00.47   | · Ann Trason (USA)           | v16/09/95 | Winschoten     |
| 100 v.          | 12.21      | · Yordanka Donkova (BUL)     | 20/08/88  | Stara Zagora   |
| 400 v.          | 52.34      | · Yulia Pechyonkina (RUS)    | 08/08/03  | Tula           |
| 2.000 Obs.      | 6:14.52    | · Svetlana Rogova (RUS)      | 11/06/92  | Moscú          |
| 3.000 Obs.      | 8:58.81    | · Gulnara Galkina (RUS)      | 17/08/08  | Pekín          |
| Altura          | 2,09       | · Stefka Kostadinova (BUL)   | 30/08/87  | Roma           |
| Pértiga         | 5,06       | · Yelena Isinbayeva (RUS)    | 28/07/09  | Zurich         |
| Longitud        | 7,52       | · Galina Chistyakova (URS)   | 11/6/88   | Leningrado     |
| Triple          | 15,50      | · Inessa Kravets (UCR)       | 10/8/95   | Goteborg       |
| Peso            | 22,63      | · Natalia Lisovskaya (URS)   | 7/6/87    | Moscú          |
| Disco           | 76,80      | · Gabriele Reinsch (GDR)     | 9/7/88    | Neubradenburgo |
| Martillo        | 79,42      | · Betty Heidler (ALE)        | 21/05/11  | Halle          |
| Jabalina        | 71,70      | · Osleidys Menéndez (CUB)    | 14/08/05  | Helsinki       |
| Heptatlón       | 7.291      | · Jackie Joyner-Kersey (USA) | 24/09/88  | Seúl           |
| 5 km. M. Pista  | 20:13.26   | · Kerry Saxby (AUS)          | 25/02/96  | Hobart         |
| 10 km. M. Pista | 41:56.23   | · Nadezhda Ryashkina (URS)   | 24/07/90  | Seattle        |

|                  |           |   |          |            |
|------------------|-----------|---|----------|------------|
| 10 km. M. marcha | 41:04     | · Yelena Nikolayeva (RUS)                         | 20/04/96 | Sochi      |
| 20 km. M. marcha | 1h. 25.41 | · Olimpiada Ivanova (RUS)                         | 7/08/05  | Helsinki   |
| 4x100            | 41.37     | · Gladish-Rieger-Auerswald-Gohr (ALE)             | 6/10/85  | Canberra   |
| 4x200            | 1.27.46   | · Marion Jones (USA)                              | 29/04/00 | New Jersey |
| 4x400            | 3.15.17   | · Ledovskaya-O.Nazarova Pinigina-Bryzgina (URSS)  | 1/10/88  | Seúl       |
| 4x800            | 7.50.17   | · Olizarenko-Gurina-Borisova-Podyalovskaya (URSS) | 5/08/84  | Moscú      |